

COURSES AVAILABLE UPON REQUEST AND CAN ALSO BE ADAPTED ACCORDING TO YOUR NEEDS AND TIME.

ROLLING

Learn about the setup, the catch and the recovery phase of a roll and the roll that fits your style.

TOWING

Learn about different sea kayak towing techniques and how to safely tow an injured or fatigued paddler.

SURFING

Reading the surf, paddling in the surf and surfing.

CURRENTS

Paddling in and around currents, ferrying, dealing with eddy line, eddy turn, low-brace lean turn.

NAVIGATION & SEAMANSHIP

Learn about navigation, nautical charts, compass reading, tides, currents, trip planning and seamanship.

PADDLE CANADA CERTIFIED COURSES

INTRODUCTION TO KAYAKING

- . March 24
- . March 25
- . June 30
- . July 1

SEA KAYAK SKILLS LEVEL 2

- . March 10-13
- . March 17-20
- . March 31-April 3
- . April 21-24
- . May 5-8
- . May 18-21
- . June 2-5
- . June 16-19
- . July 7-10
- . Sept 1-4
- . Sept 15-18
- . Sept 29-Oct 2

SEA KAYAK SKILLS LEVEL 1

- . Feb 4-5
- . Feb 25-26
- . March 3-4
- . April 14-15
- . April 28-29
- . May 12-13
- . May 26-27
- . June 9-10
- . June 23-24
- . Aug 25-26
- . Sept 8-9
- . Sept 22-23



**PADDLE CANADA
PAGAIE CANADA**

E-LEARNING CENTRE

E-learning for Paddle Canada Sea kayak Skills Level 2 course, all in addition to the regular program. The online learning centre will give you more flexibility to your sea kayak education based on your strengths and needs. Online learning courses provide a learning experience consistent with program-level learning objectives and outcomes.



Go Kayak promotes safe sea kayaking practice through education and training in a fun and friendly environment.

Victoria, BC, Canada

(250) 477-9881

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SEA KAYAKING COURSES 2012



FIRST STEP

Never tried kayaking? **"First Step"** is the perfect place to start. The course focuses on the fun of kayaking in a safe environment.

SECOND STEP

Learn how to deal with a possible capsizing by performing rescue skills such as wet exit, self and assisted rescues; essential skills to master if you are planning to get into sea kayaking.

THIRD STEP

Learn the benefits that paddling has to offer, including paddling more efficiently, building strength and fitness. Yes...it is all about paddle strokes.

NAVIGATION & SEAMANSHIP

Learn about navigation, nautical charts, compass reading, tides, currents, trip planning and seamanship.

DISCOVERY

Experience Victoria's waters by kayak and enjoy the benefit of kayaking in a safe and fun environment. This kayaking discovery experience is the perfect way to get into kayaking. A great and fun discovery paddle.

ADVENTURE

A 3 or 5 day sea kayaking Adventure from Victoria, British-Columbia, taking you into the heart of the best sea kayaking places in the world! This program is designed for paddlers who want to extend their paddling skills to the sea kayak camping level.



WELCOME TO GO KAYAK

Located in Victoria, British Columbia on Vancouver Island, Go Kayak invites you to discover the best place on earth to kayak and to learn how to paddle safely on the wonderful waters of Vancouver Island. We offer sea kayak courses taught by dedicated qualified sea kayak instructors.

Come and play with us



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